



Separated and Divorced Healing Ministry

Diocese of St. Catharines

PO Box 875, St. Catharines, ON L2R 6Z4

www.saintcd.com

The Diocesan Separated and Divorced Healing Ministry Support Group meets every second and fourth Monday of the month (except holidays) from 7:00 p.m. to 9:00 p.m. at Mount Carmel Spiritual Centre, 7020 Stanley Avenue, Niagara Falls, Ontario.

For our pamphlet or information, please call 905-356-4113 or 905-684-0154, or email separatedanddivorced@saintcd.com

Meetings will be held both in person at Mount Carmel and virtually via Zoom platform.

To participate via Zoom please see contact information above to pre-register.

PROGRAM SCHEDULE FOR FALL 2026 (Sept. – Dec.)

September 14, 2026	The Journey
September 28, 2026	Coping with Stress
October 13, 2026 **date change to Tuesday	Loneliness
October 26, 2026	Finding Hope and Healing Through Faith Fr. Paul McNeil, Presenter
November 9, 2026	Causes of Anger
November 23, 2026	Working through Anger
December 14, 2026	Surviving the Holidays

- ❖ No meeting December 28, 2026
- ❖ Next meeting January 11, 2027