



Separated & Divorced Healing Ministry

Diocese of St. Catharines

PO Box 875, St. Catharines, ON L2R 6Z4

The Diocesan Separated & Divorced Healing Ministry Support Group meets every second and fourth Monday of the month (except holidays) from 7:00 p.m. to 9:00 p.m. at Mount Carmel Spiritual Centre, 7020 Stanley Avenue, Niagara Falls, Ontario.

For information or to participate via Zoom, email separatedanddivorced@saintcd.com, or call 905-356-4113 or 905-684-0154.

PROGRAM SCHEDULE FOR WINTER/SPRING 2025 (Jan - June)

January 13, 2025	The Catholic Faith and Divorce Fr. Paul MacNeil, Presenter
January 28, 2025 (<i>Note date change to Tuesday</i>)	Embracing the New Year
February 10, 2025	Overcoming Loneliness
February 24, 2025	Understanding Loss and Grief
March 10, 2025	Facing Fear
March 24, 2025	Asking for God's Grace Deacon Gunther Eyer, Presenter
April 14, 2025	What is Forgiveness?
April 28, 2025	Learning to Forgive
May 12, 2025	Navigating Change
May 26, 2025	Self Esteem
June 9, 2025	Who Am I Now?
June 23, 2025	Loving and Respecting Yourself
❖ No meeting July and August	
❖ Next meeting September 8, 2025	