



Separated and Divorced Healing Ministry

Diocese of St. Catharines

PO Box 875, St. Catharines, ON L2R 6Z4

www.saintcd.com

The Diocesan Separated and Divorced Healing Ministry Support Group meets every second and fourth Monday of the month (except holidays) from 7:00 p.m. to 9:00 p.m. at Mount Carmel Spiritual Centre, 7020 Stanley Avenue, Niagara Falls, Ontario.

For our pamphlet or information, please call us at 905-356-4113 or 905-684-0154, or email us at separatedanddivorced@saintcd.com

Meetings will be held both in person at Mount Carmel and virtually via Zoom platform.

To participate via Zoom please see contact information above to pre-register.

PROGRAM SCHEDULE FOR FALL 2024 (Sept. – Dec.)

September 9, 2024	The Journey
September 23, 2024	Coping with Stress
October 15, 2024 **date change to Tuesday	Annulment Process Presenter: Margaret Jong, JCL Tribunal Director
October 28, 2024	Causes of Anger
November 11, 2024	Working Through Anger
November 25, 2024	Surviving the Holidays
December 9, 2024	Benefits of Waiting and Advent Prayer Service Presenter: Fr. Michael Wastag O. Carm.

- ❖ No meeting December 23, 2024
- ❖ Next meeting January 13, 2025